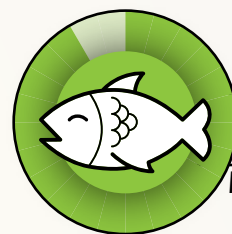




*Wild Caught*  
**POLLOCK**

**A Great Affordable Alternative to Other  
Premium Whitefish**



**HIGH**  
Sustainability  
MSC Certification

**SINBAD**  
*Gold*

**Value Added - Premium Quality  
Natural - Produced in Asia**





**SINBAD**  
*Gold*

**POLLOCK**



SINBAD Gold *Wild Caught* Pollock are premium quality, naturally preserved and processed in Asia. Pollock is a delicious and affordable whitefish with a sweet mild flavor, delicate texture and low oil content. This is an extremely versatile fish that is an excellent alternative to other premium whitefish and responds well to all cooking methods.

## TARGET APPLICATIONS

- Buffets
- Center of Plate
- Staff Meal Solutions
- Institutional Solutions
- Cruiselines

## FEATURES & BENEFITS

- Premium Quality Raw Materials
- **Naturally Preserved**
- Processed Under Strict Supervision
- 100% Net Weight Guarantee



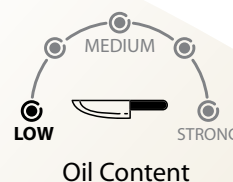
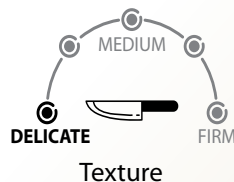
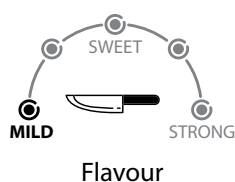
SINBAD products are either wild caught or sustainably farm-raised and is the essential product line for the value priced market.

SINBAD products come from the finest raw materials with exceptional harvesting and processing standards - 100% Net Weight, Accurate Piece Counts, No Folded Bellies or Tails. **Our industry best 7-Step Quality Control Process** delivers comprehensive inspections at every stage of processing.

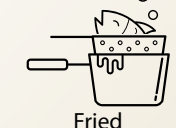
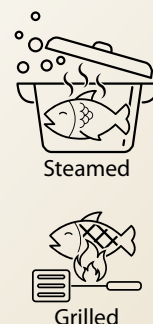
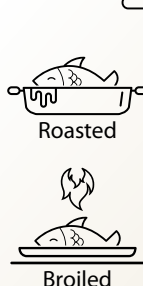
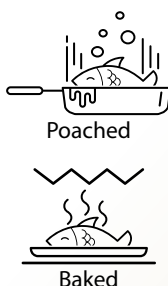
CLICK OR SCAN TO  
CONNECT WITH A  
TRADEX REP.



## CULINARY COMPOSITION



## COOKING METHODS



## Nutrition Facts

Serving size	(113g)
Amount Per Serving	
Calories	80
	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 60mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 17g	34%
Vitamin D 2mcg	10%
Calcium 11.7mg	0%
Iron 0.198mg	2%
Potassium 348mg	8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## FORM

LOINS  
LOINS  
LOINS

## SIZES

2oz  
3oz  
4oz

## SPECS

Skinless, Boneless, PBO, Chem Free  
Skinless, Boneless, PBO, Chem Free  
Skinless, Boneless, PBO, Chem Free

## PACK

1x10LB  
1x10LB  
1x10LB

## MENU IDEAS



- Lemon Butter Spiced Pollock with Wild Rice
- Baked Parmesan Pollock with Pesto & Garlic Bread
- Pollock Fish & Chips with Fresh Cut Fries and Tartar Sauce



EXPLORE MORE AT  
[www.tradexfoods.com](http://www.tradexfoods.com)

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